

**The Ivers Parish Council
Seniors Coffee Morning
Community Board Update – February 2023**

The Community Board funded the activity of the Ivers Senior Coffee Morning from its post covid resumption in September 2021 to the end of March 2022.

The purpose of the coffee morning is to reduce social isolation amongst older people in The Ivers. At its post covid resumption in 2021 this was a particularly important priority. The coffee morning takes place once a month with an average attendance of 25 older people per session. Tea/coffee, sandwiches and cake are served and there is usually a speaker on a subject of interest (for example a representative of Thames Valley Police speaking about home security). There are three to four special events in any one year, being a Christmas lunch, and, for example an afternoon tea and a barbecue (this last was a particular challenge in the summer of 2022 when no barbecues could be held external to any of the parish council's premises because of the drought – but the volunteers rose to the challenge and used an internal kitchen).

Louise Steele
Locum Clerk
February 2023